

## "STRAWBERRY" CLINICAL DATA

Report 2010.



Study carried out at the Heath House Clinic Ltd.





## Heath House Clinic





Measurements compiled by

Louise Ellis

## Background relating to the study:

The following study was conducted at the "Heath House Clinic". The equipment used to carry out the treatments was the "STRAWBERRY" Class 3B Low Level Laser Inch Loss System with 10 laser diode bars and two additional EN laser diodes.

The statistics are provided from a total of 21 clients, made up of 14 women and 7 men. The age range is between 38 years and 65 years old.

The clients were treated using our 10 paddle system in 2 areas, upper abdomen and lower abdomen, each section being treated for 10 minutes, totalling 20 minutes per treatment.

The client was measured in 3 areas before and after every treatment. The areas measured were "Upper Abdomen", "Mid Abdomen" and "Lower Abdomen". Each client was measured in centimetres.

We recommended that each client conduct 20 minutes of cardio vascular exercise following every treatment and maintained a healthy diet. It is impossible for us to be factually certain, as to whether the clients did follow our recommendations.

There was no double blind aspect to the studies carried out.

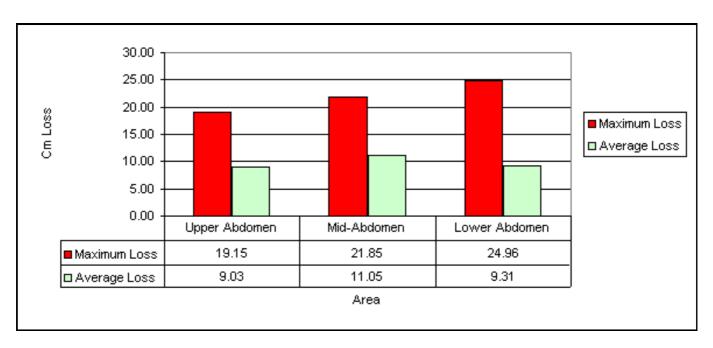
All of the treatments were a carried out by a certified and qualified laser technician, Miss Louise Ellis. The clients involved were all paying customers and completed the necessary consent forms and medical questionnaires prior to treatments being carried out.

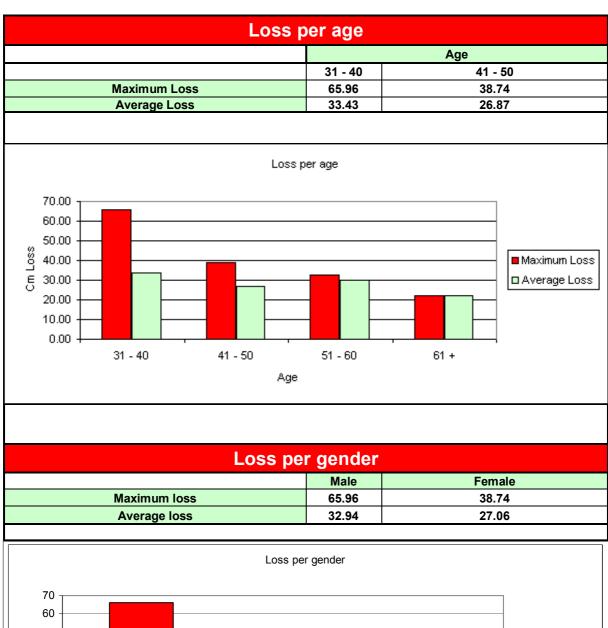
				Sur	nmary Sh	neet		
					Centimetres			
					Total Loss	Average loss	Average Loss	Total
#	Sex	Age	# Treatments	Area	/ Area	/ treatment	/ measurement	Loss
	F	44	8	Upper Abdomen	6.67	4.64	12.38	37.15
2				Mid-Abdomen	19.37			
				Lower Abdomen	11.11			
	F	38	8	Upper Abdomen	3.00	3.23	8.60	25.80
3				Mid-Abdomen	11.90			
				Lower Abdomen	10.90			
	М	40	8	Upper Abdomen	19.15	8.25	21.99	65.96
6				Mid-Abdomen	21.85			
				Lower Abdomen	24.96			
		53		Upper Abdomen	12.06	3.91	10.43	
7	M		8	Mid-Abdomen	10.37			31.28
				Lower Abdomen	8.85			
				Upper Abdomen	10.16	4.09	10.90	
8	F	56	8	Mid-Abdomen	8.57			32.70
				Lower Abdomen	13.97			
				Upper Abdomen	8.89	2.78	7.41	22.23
9	F	65	8	Mid-Abdomen	7.62			
				Lower Abdomen	5.72			
				Upper Abdomen	6.72	2.85		22.79
10	F	41	8	Mid-Abdomen	7.48		7.60	
				Lower Abdomen	8.59			
		47		Upper Abdomen	6.35	2.78	7.41	22.23
12	F		8	Mid-Abdomen	7.62			
				Lower Abdomen	8.26			
		54		Upper Abdomen	9.4	3.32	8.85	26.55
13	F		8	Mid-Abdomen	10.75			
				Lower Abdomen	6.4			
		39		Upper Abdomen	10.48	3.22	7.70	25.72
14	M		8	Mid-Abdomen	11.43			
				Lower Abdomen	3.81			
	_	50	8	Upper Abdomen	10.39	2.66	7.09	21.28
16	F			Mid-Abdomen	6.03			
				Lower Abdomen	4.86			
	_		8	Upper Abdomen	10.80	4.84	12.91	38.75
19	F	44		Mid-Abdomen	15.88			
				Lower Abdomen	12.07			
		40	8	Upper Abdomen	10.16	4.32	11.51	34.54
23	F			Mid-Abdomen	11.68			
	F	40	8	Lower Abdomen	12.7	1.95	5.19	15.56
				Upper Abdomen	3.81			
24				Mid-Abdomen	3.81			
				Lower Abdomen	7.94			
	F	39	8	Upper Abdomen	4.53	3.00	7.99	23.98
27				Mid-Abdomen	14.06			
				Lower Abdomen	5.39			
20	M	40	8	Upper Abdomen	10.62	4.43	11.82	35.46
30				Mid-Abdomen	15.78			
				Lower Abdomen	9.06			
	М	47	8	Upper Abdomen	6.35	2.94	7.85	23.54
32				Mid-Abdomen	10.16			
				Lower Abdomen	7.03			

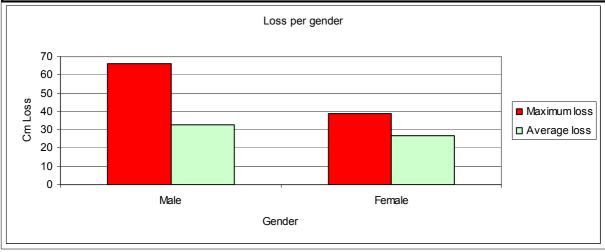
<b>Summary S</b>	Sheet
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					Centimetres			
					Total Loss	Average loss	Average Loss	Total
#	Sex	Age	# Treatments	Area	/ Area	/ treatment	/ measurement	Loss
34	F	42	8	Upper Abdomen	8.57	3.29	8.78	26.35
				Mid-Abdomen	6.35			
				Lower Abdomen	11.43			
	М	50	8	Upper Abdomen	14.87	5.47	11.25	43.74
40				Mid-Abdomen	10.36			
				Lower Abdomen	8.52			
	М	49	8	Upper Abdomen	4.8	2.85	7.59	22.76
48				Mid-Abdomen	11.02			
				Lower Abdomen	6.94			
	F	48	8	Upper Abdomen	7.94	2.74	7.30	21.91
49				Mid-Abdomen	7.94			
				Lower Abdomen	6.03			

Findings						
Loss per area						
	Upper Abdomen	Mid-Abdomen	Lower Abdomen			
Maximum Loss	19.15	21.85	24.96			
Average Loss	9.03	11.05	9.31			







Clinical Data taken from actual client treatment records.